



Mental Health Recovery Partners
South Island
Hope and Support for All

Mental Health Recovery Partners, South Island (formerly BCSS Victoria)

JOB POSTING: Closing Date: Friday, August 6 2019

Working environment is friendly, compassionate and **recovery oriented**. This position has room to grow. We work with people affected by schizophrenia, schizo-affective disorder, bipolar disorder, first break psychosis and other mental illnesses with/without addictions.

JOB DESCRIPTION – Mental Health Family Counsellor (\$28.33 per hour)

To provide short-term clinical counselling, facilitate psycho-education class twice per year, coordinate Family Peers, host support groups for families/caregivers affected by serious mental illness with/without addiction. This position is 21-28 hours per week based out of the BCSS Victoria office at 941 Kings Road. Flexible day, evening and weekend hours required. This position is an Island Health Contract.

KEY RESPONSIBILITIES

1. To provide individual clinical Family Counselling and Support to families (maximum of 6 sessions) dealing with a serious mental illness, those facing psychosis/others, using a collaborative approach. This encompasses providing intake/assessment, information, resourcing, referral/bridging, liaison, crisis intervention/planning and short-term supportive counselling.
2. Provide information on all aspects of mental health challenges from a recovery oriented perspective based on evidence – diagnosis, treatment options, symptom management, life skills, potential outcomes, rehabilitation, research findings, recovery, family impact, Privacy and Confidentiality practices, advocacy, etc.
3. Assist families in developing constructive coping strategies and management skills while they provide support to their ill family member.
4. Provide an orientation, understanding and assistance in navigating the mental health system and related resources including access points and referrals processes.
5. Maintain progress notes, compile quarterly and annual statistical reports.
6. Build relations with referral sources through consultation, Family Counsellor program presentation and some participation in meetings.

QUALIFICATIONS

- 2+ years of recent, direct, relevant experience in individual family counselling specifically related to serious mental illness and early psychosis.
- Related degree in Social Work, Counselling, or health discipline. A Masters degree from an approved institution is preferred. Criminal Record Check required and annual flu shot or mask, during flu season, as per our contract.

- Proficient knowledge, understanding and experience with mental health issues, including addictions and concurrent disorders, clinical diagnosis, treatment options, interventions, recovery process, crisis and rehabilitation strategies, evidence-based best treatment practices, impact of mental illness on families and best practices for family support.
- Thorough knowledge and experience with the current continuum of mental health services including supports to families.
- Previous experience in referral and bridging services to relevant services and community resources across the Capital Regional District.
- Knowledge of applicable legislation i.e. Mental Health Act, Freedom of Information and Privacy Protection Act, etc.
- Ability to be well-organized, self-directed, flexible, accountable and proficient with statistical reporting procedures and evaluation. Experience working in a team environment is an asset.

APPLY: Please send resume AND cover letter to: Hazel Meredith, Executive Director c/o admin@mhrp.ca or mail: 941 Kings Road, Victoria BC V8T 1W7 www.mrhp.ca